



EXCEPTIONAL WOMEN'S COACHING

The Tiara Spotlight

Shining our light on inspiring women around the world.



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Who are you?

I am friendly, thoughtful, gentle, and wise.

What are you passionate about?

What fuels me are interesting, creative ideas, learning and exploring the world. I love to travel and have lived in Turkey, Israel, the United Kingdom and currently live in Belgium. I was three days walk away from the foot of Everest, fought cockroaches in Malaysia, lost 2 kilos from diarrhea in North India and spent 12 hours on a camel with a limp in Jordan. At 18 years of age, I backpacked by myself around Europe and Israel. I rarely plan ahead thus my path in life is convoluted, guided by opportunities and cash flow.

What are you doing in your life right now?

Now, I am a writing demon with blogs and everything! I am a gawky networker, stumbling over words and trying desperately to connect. Tiara showed me that I seek approval and said to replace that tireless voice with a better, kinder me. I'm not there yet. And now I want Tiara, for as long as I feel blurry and lost and alone. My career path thus far is also a mess: from nurse, to University researcher, to PhD student. Had I made a plan, had a clear goal, I'm sure I'd just be exactly where I am now because the angst I feel over everything, makes me "me."

What are the most important take-aways you've had as a result of participating in Tiara?

42 years of not making decisions for fear of hurting someone else. 42 years of angst and tentativeness. Tiara yanked me from this crippling journey and showed me to WANT! Now, with every heavy step on a run in the country: I "want." Every pounding step with knee high leather boots with a quarter inch heel: I whisper "I want." It's a quiet roar that no one else but me can hear. I roar I want.

What's next? What are you committed to?

My plans for the future are to install that new program in my head that accepts "me as me" and get rid of the idea that I have to get an important job in order to "be someone." I plan to research and write magazine articles, work on research projects with non-governmental organizations, visit Ethiopia, the Congo, and Indonesia, learn French and write, write, write!