



EXCEPTIONAL WOMEN'S COACHING

The Tiara Spotlight

Shining our light on inspiring women around the world.



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423 Communication: Well Said

Who are you? I am a writer, an editor, a communication strategist, a co-conspirator and a traveler. I am also good for a laugh.

What are you passionate about? Allowing expression – my own and coaxing it out of others.

Why are you involved in your business? Because I am really ill-suited to corporate life (as I am reminded every time I try it). Plus, there are so many people and businesses that need a hand figuring out what they're trying to say; it would be a shame to let them fumble around on their own.

How did you end up here? What's your journey been like? Hmm, hard to answer that one because all I can think of is that Talking Heads song, "Once in a Lifetime."

What is your strongest calling or strength? Writing things.

How do you recharge your batteries or nourish yourself? Cranking the music, enjoying a delicious cup of dark roast coffee. Also, dropping a well-placed f-bomb cuts through a lot of the stress.

What are the most important take-aways you've had as a result of participating in Tiara? Nothing is nearly as hard as I make it seem.

What are you grateful for? The luxury of good friends, the luxury of travel and the luxury of having choices.

How do your clients benefit from your products/services? They gain clarity about their message and they lose their fear of the blank page.

What inspires you? Compelling art in all its forms: an intriguing book, a beautifully shot movie, an expertly crafted song sung by a talented musician, a painting you can't look away from, a performance that you can't get out of your head, gorgeous combinations of color, a jaw-dropping meal, anything, really, that's lovingly crafted.

What's next? What are you committed to? Seeing more of the world and releasing the characters in my novel out into the world.