



EXCEPTIONAL WOMEN'S COACHING

The Tiara Spotlight

Shining our light on inspiring women around the world.



Harley Jane Kozak

Writer, Actress, Teacher, Blogger and Public Speaker

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This month we talk to Harley Jane Kozak, and discover that she is passionate about writing, uses her sense of humor as a source of strength, and is inspired by other extraordinary people.

Who are you?

I'm an artist, a mother, a friend, a sister, and a spiritual seeker (this sounds like I'm writing a pop song).

What are you passionate about?

Writing, art of all kinds and friends.

What are you doing in your life right now?

I'm in the end process of writing my 5th novel and the early stages of writing my first screenplay.

What is your strongest calling or strength?

Curiosity and perseverance.

How do you recharge your batteries or nourish yourself?

I nap a lot – anytime, anyplace, for even 2 minutes. My kids drag me to the movies (thank God, or else I'd forget how much I love movies). Reading. Long, slow runs. Long talks with my friends or sisters (I have 4 of them).

What would you like to acknowledge yourself for?

My dedication to regaining perspective – and even humor – every time I lose it. A belief in the power of forgiveness and my willingness to practice it.

What are you grateful for?

My 3 beautiful, interesting, distinctive children. I feel privileged to be their mom. And my whole life, I've been able to do work that I love, both as an actor and writer. And my wide circle of marvelous friends.

As a woman leader what are your unique strengths that help you and your staff succeed?

A sense of humor and a “we're all in this together” attitude.

What inspires you?

Extraordinary people, and also ordinary people doing extraordinary things. Artists who express themselves, especially the ones whose vision is so unusual or distinctive that you know they had to go through a lot to get it out into the world.



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What's next for you? What are you committed to?

Aha! "True Love." If you know a guy looking for a 50-something woman with 3 great adolescent kids, send him my way.