



EXCEPTIONAL WOMEN'S COACHING

The Tiara Spotlight

Shining our light on inspiring women around the world.



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Mostly Music provides personal management and strategy, music clearance, music licensing administration, production legal work, general business affairs functions for clients in the music industry.

Who are you?

A mom, wife, friend, sister, and excited professional, who is always looking to expand my knowledge, help others reach their goals, and continue growing spiritually every day.

What are you passionate about?

I am passionate about the power of music and self-discovery. I am passionate about helping those suffering from addiction and learning new ways to fight this awful disease. I am passionate about what I can do for my family to be the best mom I can be.

What is your strongest calling?

My strongest calling these days is living in the moment, practicing self-compassion, and sharing these practices with as many people as I can to raise awareness and create inspiration.

What are the most important take-aways you've had as a result of participating in Tiara?

I have felt an incredible internal awakening of tolerance, honesty, joy in the simple things, and self-compassion, which is learning how to take care of myself too! Not to mention the amazing community of women we have created. What an incredible blessing.

What would you like to acknowledge yourself for?

REALLY listening to those around me, especially my children. I am really good at working with my clients to produce the best possible results for them. I am able to understand what others are feeling and where their actions are coming from. I have learned to lead with the truth, especially where it relates to my own thoughts and feelings.

What are you most thankful for?

The opportunities I have been given in my life to really feel things. The universality of music. My family and the sense of grounding I get from them, which allows me to move and grow.

What's next? What are you committed to?

Completing my Tiara monthly program and continuing to soak up as much wisdom as I can. Creating peace in front of me and behind me. Using all this newfound "stuff" to better serve my clients and attract new business opportunities for myself and everyone around me.